

Creating Pure Vision through the Realization of the Six Lamps

Taught by Tenzin Wangyal Rinpoche

Friday, May 28, 2010, 7:30 p.m. – 9:00 p.m.

**Saturday & Sunday, November May 29–30, 2010, 9:30 a.m. –
5:30 p.m.**

Location: 830 Bancroft (at the corner of Sixth), Berkeley, CA

The Six Lamps, part of the secret cycle of The Oral Transmission of Zhang Zhung, is one of the most important and frequently-quoted texts from the dzogchen teachings of the Bön tradition. It describes the process of moving from the direct experience of the vastness of the base-of-all to the experience of luminous innate awareness within our own hearts. From there, the light of innate awareness rises up the subtle channels of our sacred bodies into the lamp of the eye, allowing us to maintain our connection to the inseparable state of emptiness and innate awareness and perceive all aspects of our environment with pure vision. The final lamp describes the unification of our natural state with our experience of the bardo wherein we see all the bardo visions as our own essence, the essence of Samantabhadra.

Over the course of three weekends, Tenzin Wangyal Rinpoche will be giving an oral commentary on the Six Lamps and presenting practices based on this text. The second and third weekends of this series are scheduled for November 19–21, 2010 and May 6–8, 2011.

Cost: If received by April 1: \$145, \$115 students and low income
After April 1 or at the door: \$185, \$145 students and low income.

To pre-register, send a check or money order to Laura Shekerjian, 1500 Holly St., Berkeley, CA 94703. Be sure to include your email contact information. For further information contact Laura Shekerjian at laurashek96@sbcglobal.net, 510-849-2373.

You can also check our website: <http://ligminchaofcalifornia.com/>
Join our mailing list by sending an e-mail to BonBayArea-subscribe@yahoogroups.com. For more information about Rinpoche's teachings: www.ligmincha.org

Location: 830 Bancroft, Berkeley, CA, at Sixth Street. It is ½ mile from N. Berkeley BART. From I-80, exit University Avenue. At the first light, Sixth St., turn right. Bancroft is 3 blocks south. The facility is on the southeast corner. The facility is carpeted and has chairs, but you will need to bring cushions for floor seating. **Please do not park** on Sixth or Seventh Streets unless it is in front of commercial properties. There is a parking lot at the Lighting Systems Building, 2322 Sixth Street, between Bancroft and Channing.

TENZIN WANGYAL RINPOCHE is a master of the Dzogchen tradition of Tibet, a Bön lineage holder, and a highly respected and beloved teacher to students throughout the United States, Mexico and Europe. His teachings and commentaries convey a fundamental understanding of spiritual practice in the context of modern Western life. His ability to make these once-hidden teachings accessible while maintaining the purity of their transmission, has allowed his students to move beyond conceptual understanding and bring authentic dzogchen experience into their conventional lives. He is the director of Ligmincha Institute, founded in 1992 in order to preserve and introduce to the West the religious teachings and arts of the Tibetan Bön Buddhist tradition. He is also the author of five books: *The Wonders of the Natural Mind*; *The Tibetan Yogas of Dream and Sleep*; *Healing with Form, Energy and Light*; *Tibetan Sound Healing*; and *Unbounded Wholeness: Dzogchen, Bon and the Logic of the Nonconceptual* (with Anne Klein).